

# CATALASE ASSAY

**Colorimetric Method**  
**For Research Use Only**

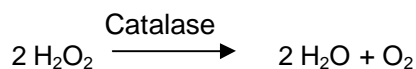
**25 Tests**

## INTRODUCTION :

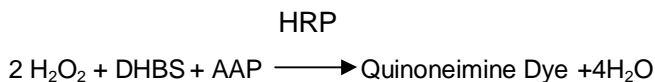
Catalase is antioxidant enzyme that is present in most aerobic cells. It serves as one of the body's defense systems against H<sub>2</sub>O<sub>2</sub>, a strong oxidant that can cause intracellular damage. It is found in high concentration in erythrocytes and liver while lower concentrations are found in skeletal muscle, brain and heart. Measurement of catalase activity can be useful as a research tool for certain diseases such as acute pancreatitis and some liver diseases where values are elevated. Each unit of catalase decomposes 1μM of H<sub>2</sub>O<sub>2</sub> per minute at 25°C and pH 7.0. Catalase assay adds to the family of Antioxidant Biomarkers and provides another useful tool for oxidative stress investigations.

## PRINCIPLE :

Catalase reacts with a known quantity of H<sub>2</sub>O<sub>2</sub>. The reaction is stopped after exactly one minute with catalase inhibitor .



In the presence of peroxidase (HRP), remaining H<sub>2</sub>O<sub>2</sub> reacts with 3,5-Dichloro -2-hydroxybenzene sulfonic acid (DHBS) and 4-aminophenazone (AAP) to form a chromophore with a color intensity inversely proportional to the amount of catalase in the original sample.



## REAGENTS :

1.	Buffer : Phosphate buffer, pH 7.0 Detergent	100 mM / L
2.	H <sub>2</sub> O <sub>2</sub> ( substrate and standard ) ( Dilute 1000 times before use )	500 mM / L
3.	Chromogen - Inhibitor	
4.	Enzyme : Peroxidase 4 - Aminoantipyrine Preservative	> 2000 / L 2 mM / L

## PROCEDURE :

Dilute R2 1000 times immediately before use . ( 10 uL + 10 ml d. Water ) . Discard after use .  
Dilute Sample if necessary.

	Sample Blank (ml)	Sample (ml)	Standard Blank (ml)	Standard (ml)
Sample	0.05	0.05	-	-
D. H <sub>2</sub> O	0.05	-	0.10	0.05
R1	0.50	0.50	0.50	0.50
R2	-	0.10	-	0.10

Incubate exactly ONE min. at 25°C then add :

R3	0.20	0.20	0.20	0.20
R4	0.50	0.50	0.50	0.50

Incubate 10 min. at 37°C , read sample (A<sub>Sample</sub>) against sample blank and standard (A<sub>Standard</sub> ) against Standard blank at 510 nm (500 – 520 nm ). Color stable for one hour .

## CALCULATION :

### Catalase Activity :

In Plasma ( U / L ) =

$$\frac{A_{\text{standard}} - A_{\text{Sample}}}{A_{\text{standard}}} \times 1000$$

In Tissue ( U / g ) =

$$\frac{A_{\text{standard}} - A_{\text{Sample}}}{A_{\text{standard}}} \times \frac{1}{\text{gm tissue used per test}}$$

## REFERENCE :

Aebi , H. (1984) Methods Enzymol 105, 121 – 126  
Fossati, P., et.al . (1980) Clin. Chem. 26 , 227 - 231

## SAMPLE PREPARATION

### Tissue Homogenate

1. Prior to dissection, perfuse tissue with a PBS ( phosphate buffered saline ) solution, pH 7.4 . containing 0.16 mg / ml heparin to remove any red blood cells and clots.
2. Homogenize the tissue in 5 – 10 ml cold buffer ( i , e , 50 mM potassium phosphate, pH 7.4. 1 mM EDTA and 1 mL/L Triton X-100 ) per gram tissue.
3. Centrifuge at 4,000 rpm for 15 minutes at 4 °C .
4. Remove the supernatant for assay and store on ice. If not assaying on the same day , freeze the sample at - 80°C. The sample will be stable for at least one month.

### Plasma

1. Collect blood using an anticoagulant such as heparin, citrate , or EDTA .
2. Centrifuge at 4,000 rpm for 15 minutes at 4 °C .
3. Collect the plasma for assaying and store on ice. If not assaying on the same day, freeze at - 80°C. The sample will be stable for at least one month.

## CATALASE ASSAY

### Colorimetric Method

**+4 to +8°C** **25 Tests**

CAT. No. CA 25 17

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## REAGENTS

<b>R1</b> Buffer	<b>25 ml</b>
<b>R2</b> H <sub>2</sub> O <sub>2</sub>	<b>2 ml</b>
<b>R3</b> Chromogen-Inhibitor	<b>10 ml</b>
<b>R4</b> Enzyme	<b>25 ml</b>

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